



2017 Umstead 100 Mile Endurance Run Weekend Schedule

Friday, March 31

- 7:00 am — US 70 Umstead Park gate unlocked
- 12 Noon — Camps Lapihio and Crabtree Cabins available for check-in
- 1 to 5 pm — Packet pick-up at race headquarters (HQ) and parking assigned
- 5:00 pm — Race briefing at race HQ
- 6:00 pm — Spaghetti dinner at race HQ
- 8:00 pm — US 70/Glenwood Ave Park gate locked for the night

Saturday, April 1

- 4:45 am — US 70/Glenwood Ave Park gate unlocked
- 5:00 am — Late packet pick-up begins at race HQ
 - Drop bags for Aid Station #2 moved to race HQ
 - Breakfast for runners begins at race HQ
- 5:40 am — Aid Station #2 drop bags leave HQ
- 6:00 am — Race start at race HQ**
- 6:05 am — Breakfast for crew at race HQ
- 6:15 am — Crew briefing at race HQ (voluntary)
- 6:35 am — Begin civil twilight
- 7:01 am — Sunrise
- 10:33 am — Moon Rises / 27% Illuminated
- 6:00 pm — Pacers permitted (or at start of runner's lap 5)
- 7:00 pm — Runner-designated drop-bags moved from Aid Station #2 to headquarters
- 7:37 pm — Sunset
- 8:00 pm — US 70/Glenwood Ave Park gate locked. (Unlocked hourly thereafter.)
- 8:02 pm — End civil twilight

Sunday, April 2

- 12:53 am — Moon Sets
- 6:00 am — One day buckle cut-off / Start Finisher Buckles
- 6:34 am — Begin civil twilight
- 6:59 am — Sunrise
- 7:00 am — US 70 park gate unlocked
- 8:00 am — Runner cut-off at start-finish if loop 8 not started
 - End crew/runner parking at Pilgrim Presbyterian Church
- 10:30 am — All remaining Aid Station #2 drop-bags delivered to headquarters
- 12 Noon — Race officially ends (30 hour time limit)
- 1:00 pm — Check out of (**cleaned**) cabins